

Project Abstract

Today, more people than ever live in a different country than the one they were born in. There are several reasons why people migrate to a new country: war conflicts, job or economic opportunities, security, political problems, etc. The number of people migrating all over the world is increasing, and with it arise many problems to solve.

Let's talk about mental health. Immigration experiences, anti-immigrant sentiment and the impact of living in an unfamiliar country could affect the mental health of many of these people. In most developing countries, many people view mental health problems with a stigma; the importance of providing information easily is beneficial to their well-being.

How to provide a tool for these people to feel more welcome in new countries? How to provide information? And how to connect these people to meet new communities that had gone through the same experiences?

How to create and design an application/web site that functions as a tool to help people with a migrant background who have developed mental health problems due to displacement from their countries?

Hello, I'm Karla Gutierrez Arauz

I was created to create.

I am a visual communication designer from Nicaragua, with experience as a lead designer. I am a hardworking, competent, team-worker and goal-oriented person, with a passion to create projects that provide innovative solutions to social problems.